



June 22-25, 2017, July 12-16, 2017 | San Diego, CA



POWERLIFTING

Men's and Women's
Adult Powerlifting Age
Group Competition

Ages 21 and Over

The USA Masters Games Powerlifting competition will be held **Friday, July 14-Sunday, July 16** at the **Crowne Plaza Hotel Mission Valley** in San Diego, California.

The Crowne Plaza Hotel Mission Valley is a participant in the 2017 USAMG Host Hotel program.

Venue Address: Crowne Plaza Hotel Mission Valley, 2270 Hotel Circle North, San Diego, CA 92108.

Event Information

Events:

- Powerlifting (Squat, Bench Press, and Deadlift)
- Bench Press Only
- Deadlift Only
- Push/Pull

This is a USA Powerlifting sanctioned event.

Age Groups

- Open:** (21+)
- Master:** (40+)

Weight Classes

	Men		Women	
Kilos		Pounds	Kilos	Pounds
59		130.07	47	103.62
66		145.51	52	114.64
74		163.14	57	125.66
83		182.98	63	138.89
93		205.03	72	158.73
105		231.49	84	185.19
120		264.55	84+	185.19+
120+		264.58+		

Registration

Payment of the Games Entry fee allows athletes to register for up to three sports. All athletes are encouraged to take advantage of this opportunity and compete in more than one sport.

Special USA Masters Games Activities

Opening Ceremonies will be held the evening of Friday, July 14, while Closing Ceremonies will be Sunday evening, July 16. Evening socials for all participating athletes will be held within the San Diego area. More details to come.

Contacts

For registration and general inquiries, contact:
Email: info@usamastersgames.com
Phone: 919-678-1651

For sport specific inquiries, contact:
Competition Director:
Sheryl Condon, Email: sheryl.condon@gmail.com

To register for the USA Masters Games Weightlifting Competition, or to learn more about the Games, visit www.usamastersgames2017.com