



June 22-25, 2017, July 12-16, 2017 | San Diego, CA



The USA Masters Games Weightlifting competition will be held **Friday, July 14-Sunday, July 16** at the **Crowne Plaza Hotel Mission Valley** in San Diego, California

The Crowne Plaza Hotel is a participant in the 2017 USAMG Host Hotel program.

Venue Address: Crowne Plaza Hotel, 2270 Hotel Circle North, San Diego, CA 92108.



WEIGHTLIFTING

Men's and Women's Adult Weightlifting Age Group Competition

Agess 21 and Over

Event Information

Competition Format:

Two-hand snatch and two-hand clean and jerk

This is a sanctioned competition.

Age Groups

Male: 21-34 (Seniors), 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+

Female: 21-34 (Seniors), 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+

Registration

Payment of the Games entry fee allows athletes to register for up to three sports. All athletes are encouraged to take advantage of this opportunity and compete in more than one sport.

Weight Classes

		MALE
56kg	≤56.00kg	123.3lbs
62kg	56.01kg - 62.00kg	123.322lbs - 136.4lbs
69kg	62.01kg - 69.00kg	136.422lbs - 151.81lbs
77kg	69.01kg - 77.00kg	151.822lbs - 169.4lbs
85kg	77.01kg - 85.00kg	169.422lbs - 187lbs
94kg	85.01kg - 94.00kg	187.002 - 206.8lbs
105kg	94.01kg - 105.00kg	207.257lbs - 231.485lbs
+105kg	≥105.01kg	≥231.507lbs
		FEMALE
48kg	≤48.00kg	105.6lbs
53kg	48.01kg - 53.00kg	105.622lbs - 116.6lbs
58kg	53.01kg - 58.00kg	116.622lbs - 127.6lbs
63kg	58.01kg - 63.00kg	127.622lbs - 138.6lbs
69kg	63.01kg - 69.00kg	138.622lbs - 151.8lbs
75kg	69.01kg - 75.00kg	151.822lbs - 165lbs
90kg	75.01kg	165.369lbs

Special USA Masters Games Activities

Opening Ceremonies will be held the evening of Friday, July 14, while Closing Ceremonies will be Sunday evening, July 16. Evening socials for all participating athletes will be held within the San Diego area. More details to come.

Contacts

For sport specific inquiries, contact:

Competition Directors:

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To register for the USA Masters Games Weightlifting Competition, or to learn more about the Games, visit www.usamastersgames2017.com