

# USA Masters Track and Field Meet

## Schedule of Events

(All times are tentative and subject to change)

June 24-25, 2017

### Saturday, June 24

Track Events begin at 8:00 a.m.

8:00	10,000 Race Walk
8:00	Men's Pentathlon
8:00	Women's Pentathlon
10:00	10,000 meter run
12:00	Short hurdles (80, 100, 110)
12:30	800 meter run
1:00	200 meter run
1:45	Steeplechase (3,000, 2,000)
2:00	4 x 100 relay

Field Events begin at 8:00 a.m.

8:00	Discus women
9:00	Discus men
9:00-11:00	Long Jump
10:00	High Jump women
10:45	High Jump men
10:00	Shot Put women
11:00	Shot Put men age 60+
12:00	Shot Put men under age 60

### Sunday, June 25<sup>th</sup>

Track Events begin at 8:00 a.m.

8:00	5,000 Race Walk
9:00	5,000 Meter Run
10:00	Long Hurdles (300, 400)
10:30	1500 meter run
11:00	400 meter run
11:45	100 meter
12:30	4 x 400 relay

Field Events begin at 8:00 a.m.

8:00	Hammer Throw women
8:30	Hammer Throw men
9:00	Weight Throw women
9:30	Weight Throw men
9:00	Pole Vault
9:00-11:00	Triple Jump
9:00	Javelin men
10:00	Javelin women

Order of events: women first, men to follow, oldest age group first, followed by younger

Start times will depend on number of entries in each event.

Age groups may be combined as needed by meet management.

Throwing events will have 4 throws.

Spikes: 3/16" No needles